

# The Ultimate Body Contouring Supply Checklist

This is your go-to-supply needs-guide for starting your body contouring business. We've put this list together using our 15+ years in the body contouring business. We're recommending products we've actually used, so we hope you find it helpful.

It's all broken down into categories and we've indicated the essential items to help you prioritize.

This guide is available online at <https://bodycontouringacademy.com/the-ultimate-body-contouring-supply-list-with-free-pdf-checklist/> to purchase at Amazon (if you choose).

## TREATMENT ROOM(S) supplies

### ESSENTIALS:

- |   |   |
|---|---|
| <input type="checkbox"/> Portable Massage Table Bed | <input type="checkbox"/> Exam Gloves          |
| <input type="checkbox"/> Pillows                    | <input type="checkbox"/> CaviWipes Germicidal |
| <input type="checkbox"/> Pillow protectors          | <input type="checkbox"/> Paper Towels         |
| <input type="checkbox"/> Pillow cases               | <input type="checkbox"/> Unscented Baby Wipes |
| <input type="checkbox"/> Floor Lamp                 | <input type="checkbox"/> Liquid Alcohol 99%   |

## EVERYTHING ELSE:

- Alcohol Prep Pads
- Exam Table Paper
- Bed linens
- Drape Sheets
- Disposable panties
- Round Rolling Stool
- Spray Bottles
- Disinfectant Spray
- Small Trash Can
- Trash Liners

## TREATMENTS supplies

### ESSENTIALS:

- Rolling cart
- Weight Scales
- Body Measuring Tapes
- Full length mirror
- Hand Towels
- Ultrasound Gel, 1 bottle
- Laser Safety Glasses
- Laser Safety Goggles
- Other machine specific supplies, if applicable  
Example: Antifreeze membrane for cryolipolysis

### EVERYTHING ELSE:

- Spa Robes
- Hand held mirror
- Ultrasound Gel, 5 Liter Refill

## DETOX supplies

### EVERYTHING ELSE:

- Small water bottles
- Refillable Water bottles
- LipoMassage/CelluMassage cups
- Massage Oil
- Whole Body Vibration Platform
- Infrared Waist Wrap
- Infrared Sauna Blanket

## SALES and MARKETING supplies

### ESSENTIALS:

- Muscle & Lymphatic System Poster

### EVERYTHING ELSE:

- A-Frame Chalkboard Display
- Black Frame
- Black Frames, set of 5
- Business Cards
- 'Ask Me' Stickers
- Anatomical Fat Model, 1 pound
- Anatomical Fat Model, 5 pounds
- Lymphatic System Poster
- Smart TV for videos

## GENERAL supplies

### EVERYTHING ELSE:

- Tool Set
- Mini Fridge