

Body Contouring Business Builders

Accelerate and Optimize body contouring results

Whole Body Vibration Therapy (WBVT)



What is it: A passive exercise therapy that boosts lymphatic and blood circulation via intense (but comfortable) muscle contractions.

Why clients love it: Quick and easy (just standing required) and clients love that they can get their 'daily exercise' with it.

How to build your business with it: Encourage daily sessions on a walk-in basis. Frequent visits build relationships and uncover unmet needs.

[Learn More](#)

Intermittent Compression Therapy (Pressotherapy)



What is it: A compression therapy system that utilizes inflating pumps within a bodysuit to put intermittent pressure on the client's body stimulating blood and lymphatic circulation.

Why clients love it: Clients describe the treatment as soothing and relaxing like a massage, and describe it as their 'me time.'

How to build your business with it: Encourage weekly hour-block treatments. Use the treatment time to educate, build a relationship and uncover unmet needs.

[Learn More](#)

Vacuum Therapy (Detox Slimming Therapy, Negative Pressure Therapy)



What is it: A combination (negative pressure + mechanical massage) therapy that increases both blood and lymphatic circulation to promote the elimination of fats, excess fluids & toxins.

Why love it: Clients love that the treatment can break down and eliminate superficial fat deposits in addition to improving results.

How to build your business with it: Encourage weekly hour-block treatments and use the treatment time to educate, build the relationship and uncover unmet needs.

[Learn More](#)

Endospheres Therapy



What is it: Compressive Microvibration technology that vibrates, uses mechanical compression + delivers rotating pressure and lifting action, all combined to enhance lymphatic drainage.

Why clients love it: Clients love that it provides a complete body contouring solution, working synergistically to improve lymphatic drainage + delivers skin & cellulite benefits.

How to build your business with it: Encourage weekly hour-block treatments and use the treatment time to educate, build the relationship and uncover unmet needs.

[Learn More](#)

Cupping Therapy



What is it: Cupping Therapy involves squeezing a small silicone cup on areas of the body so as to create negative pressure, to stimulate circulatory and lymphatic circulation.

Why clients love it: Clients love that it's quick, easy and affordable - and that they can do the treatment at home.

How to build your business with it: At the beginning of each body contouring treatment series, give each client a silicone cup and written instructions for home care.

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