

Comparison of Body Contouring Equipment

Level I Medical Equipment

Body contouring devices and machines that are medical grade, FDA cleared, and require physician association.

Conditions to purchase: Your facility must have a physician or medical director.

Who is Level I good for? A great choice for medical spas and physician practices.

| Device Brand Name | Technology Used | Results Typically Seen | # of Treatments | Treatment Frequency |
|----------------------------------|--|------------------------|-----------------|---------------------|
| Accufit | Electromagnetic Muscle Stimulation + Functional Magnetic Stimulation | 2 weeks | 4 | 2 per week |
| BodyFX | RadioFrequency + Vacuum | 6-12 weeks | 1-2 | 6-8 weeks apart |
| CoolSculpting | Cryolipolysis | 6-16 weeks | 1-2 | 6-8 weeks apart |
| CoolTone | Active Magnetic Pulse (AMP) | 4 weeks | 4 | 2 per week |
| EmSculpt | High-Intensity Focused Electromagnetic (HIFEM) Technology | 2-4 weeks | 4-8 | 1 every 2-3 days |
| Eon | Touchless Laser Lipolysis | 6-12 weeks | 1-3 | 6-12 weeks apart |
| Exillis Ultra, Exillis Ultra 360 | RadioFrequency + Ultrasound | 12 weeks | 2-4 | 1 per week |
| i-Lipo | Low Level Laser Therapy (LLLT) "red" cold laser | 4-6 weeks | 6-12 | 3 per week |

| Device Brand Name | Technology Used | Results Typically Seen | # of Treatments | Treatment Frequency |
|--------------------------|--|-------------------------------|------------------------|----------------------------|
| Kybella | Injection Lipolysis | 6 weeks | 1-5 | 1 per 6 weeks |
| LipoCel | High-intensity focused ultrasound with contact cooling | 2-12 weeks | 2-4 | 2-3 weeks apart |
| LipoDissolve | Injection Lipolysis | 6 weeks | 1-3 | 6 weeks apart |
| Liposonix | High-Intensity/Low Frequency Ultrasound (HIFU) aka Ultrasonic Cavitation | 8-12 weeks | 1-2 | 8 weeks apart |
| Pro 3Deep RF | Radio-Frequency | 6-12 weeks | 6-8 | 1-2 per week |
| SculpSure | Hyperthermic Laser Lipolysis | 6-12 weeks | 1-2 | 1 per 6-12 weeks |
| Strawberry Laser Lipo | Low Level Laser Therapy (LLLT) "red" cold laser | 4-6 weeks | 6-12 | 3 per week |
| Thermage, Thermage FLX | Radio Frequency | 8-12 weeks | 1-3 | 1 per week |
| TriActive | Negative Pressure Suction + Physical Pressure of Roller Applicators + 'Cold' Laser | 6 weeks | 6-8 | 1-2 per week |
| TruSculpt | Radio-Frequency | 6-12 weeks | 3-4 | 4-8 week intervals |

| Device Brand Name | Technology Used | Results Typically Seen | # of Treatments | Treatment Frequency |
|-----------------------------------|--|-------------------------------|---|---|
| TruSculpt3D | Radio-Frequency | 6-12 weeks | 1-3 | 1 per 6 weeks |
| TruSculpt Flex | Multi-Directional Muscle Stimulation (MDS) | 4 weeks | 4 | every 48 hours |
| TruSculpt ID | Radio-Frequency | 6-12 weeks | 1 | 1 per 6 weeks |
| UltraShape, UltraShape Power | High-Intensity/Low Frequency Ultrasound (HIFU) aka Ultrasonic Cavitation | 6-12 weeks | 3 | 2 weeks apart |
| UltraSlim, UltraSlim Professional | Low Level Laser Technology (LLLT) cold "Green" Laser | Immediate | 6-10 | 3 per week |
| UltraSmooth | Low Level Laser Technology (LLLT) cold "Green" Laser | 2 weeks | 6 | 2 per week |
| V Shape Ultra | RadioFrequency + Ultrasound | 6-12 weeks | 6-10 | 1 per week |
| Vanquish | RadioFrequency | 6-12 weeks | 4-6 | 1 per week |
| Vanquish ME | RadioFrequency | 6-12 weeks | 4-6 | every 7-10 days |
| VASER Shape | Ultrasound Diathermy (Unfocused High-Frequency Ultrasound Waves) + Lymphatic Massage | 6-12 weeks | 3-6 plus 3-6 Lymphatic Massage Treatments | Weekly alternating between technology & massage |

| Device Brand Name | Technology Used | Results Typically Seen | # of Treatments | Treatment Frequency |
|--------------------------------------|---|-------------------------------|------------------------|----------------------------|
| VelaSmooth, VelaShape, VelaShape III | RadioFrequency + Vacuum + Infrared Light | 8-12 weeks | 3-6 | 1 per week |
| UltraSlim, UltraSlim Professional | Low Level Laser Technology (LLLT) cold "Green" Laser | Immediate | 6-10 | 3 per week |
| Venus Bliss | Laser Lipolysis, Multi-Polar RadioFrequency + Pulsed Electromagnetic Fields + Varipulse (adjustable pulsed suction) | 3-6 months | 1 or more | 1 per 6 weeks |
| Venus Freeze | RadioFrequency + Magnetic Pulse (MP2) | 6-12 weeks | 6-8 | 1 per week |
| Venus Legacy | RadioFrequency + Magnetic Pulse (MP2) + Vacuum | 6-12 weeks | 6-10 | 1 per week |
| Verju | Low Level Laser Therapy (LLLT) "Green" Laser | 4-6 weeks | 2-12 | 3 per week |
| Viola Reaction | RadioFrequency + Vacuum | 6-12 weeks | 4-9 | 1 every 2 weeks |
| ZWave | Radial Extracorporeal Shockwave Therapy (ESWT) | 6-8 weeks | 6-10 | 1-2 per week |
| Zerona, Zerona Z6 | Low Level Laser Therapy (LLLT) "Red" Cold Laser | 4-6 weeks | 6-12 | 3 per week |

Level II Paramedical Equipment

Body contouring machines that utilize paramedical or medical grade technology, most are FDA cleared, and do NOT require physician association.

Conditions to purchase: Most of these manufacturers require you to be a business owner prior to purchase.

Who is Level II good for? A great choice for massage businesses, day spas, esthetician practices, tanning salons, body contouring businesses, and weight loss centers.

| Device Brand Name | Technology Used | Results Typically Seen | # of Treatments | Treatment Frequency |
|-------------------|---|------------------------|-----------------|---------------------|
| Cryoskin | Cryolipolysis | 2-3 weeks | 3-6 | 1 per 2 weeks |
| Endospheres | Compressive Microvibration | 1 | 12-18 | 2-3 per week |
| LPG Endermologie | Negative Pressure Suction + Physical Pressure of Roller | 6-12 weeks | 6-12 | 1 -2 per week |
| Star T-Shock | Peltier Cell (heat and cold) | 1 | 3-10 | 1 per 15 days |

Level III Entry Level Equipment

Body contouring machines that utilize FDA approved technologies and have no conditions to purchase. The machines are affordable and deliver good results.

Conditions to purchase: None

Who is Level III good for? Great choices for both the body contouring beginner or for the existing practice/business looking to expand.

| Device Brand Name | Technology Used | Results Typically Seen | # of Treatments | Treatment Frequency |
|--|---|------------------------|-----------------|---|
| Acoustic Wave Machine | Acoustic Waves | 6-12 weeks | 4-6 | 1-2 per week |
| Cryolipolysis Machine | Cryolipolysis | 6-12 weeks | 1-3 | 6-8 weeks apart |
| Electromagnetic Muscle Stimulation Machine | Electromagnetic Muscle Simulation | 6-12 weeks | 6-12 | 1-2 per week |
| Infrared machine/ blanket/sauna | Infrared | 4-8 weeks | 6-12 | 1-2 per week |
| Pressotherapy Machine | Intermittent Compression | 1-3 Weeks | 3-6 | 1-2 per week |
| Slimming Machine Example: 6in1 Cavitation | Various Technologies: Cavitation, RadioFrequency, Vacuum/LED, Lipo Laser | 6-12 weeks | 6-8 | 1-2 per week (At least 72 hours apart) |
| Vacuum Therapy Machine | Negative Pressure (Vacuum) | 6-12 weeks | 6-12 | 1-2 per week |
| Whole Body Vibration Machine | Vibration Therapy | 6-12 weeks | 12 or more | 2-3 per week |